

# VBS Menu

## July 12 – 16

- Monday: Beefy Nachos with Cheese  
Baby Carrots with Ranch Dressing  
Applesauce  
Ice Cream Bars  
Milk or Water
- Tuesday: Chicken Nuggets with Ketchup or Ranch  
BBQ Potato Chips  
Sliced Oranges  
Chocolate Chip Cookies  
Milk or Lemonade
- Wednesday: Spaghetti with Sauce  
Bread and Butter  
Carrots with Ranch Dressing  
Sugar Cookies  
Milk or Water
- Thursday: Macaroni and Cheese  
Little Smokies  
Green Beans  
Dinner Roll  
Peach Fruit Cup  
Vanilla Wafers  
Milk or Water
- Friday: Hot Dogs with Bun, Ketchup and Mustard  
Potato Chips  
Sliced Apples  
Brownie  
Milk or Lemonade

PARENTS: Please send a sack lunch with your child if he/she does not like one of the evening menus OR HAS A FOOD ALLERGY. *Thank you.*